

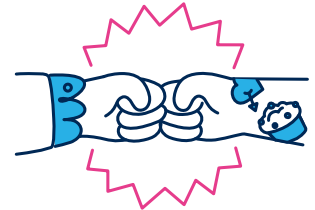
Welcome to

Vollpension

Vollpension is an intergenerational café operated by and for both the young and the old. We are Grandma's public living room in the city, a special place where generations come together and grow closer.

Our „Grandmas“ and „Grandpas“ are employed here and serve, along with their life stories, the best cakes from Vienna to Tokyo. Plus, there's a splendid breakfast and a variety of warm and cold delicacies from the kitchen. Everything here is made using Grandma's recipes. You can find more details inside the menu.

It's wonderful that right now, in this precious moment, you are here with us, making the world a better place. Come sit with us, the more the merrier - we hope you like it here.



Opening hours

Mon-Sun 08:00-18:00

Hey folks! Make sure to like and share

www.facebook.com/vollpension.wien
www.instagram.com/vollpension_wien
www.tiktok.com/@vollpension_wien
www.vollpension.wien



If you want to stay up to date regularly, feel free to subscribe to our Oma-Post!

Why is Vollpension more relevant than ever?

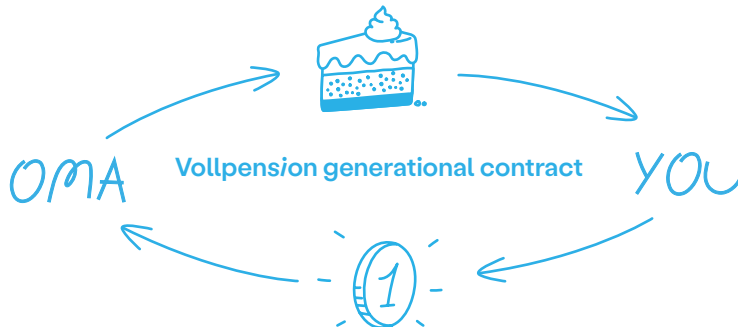
Behind our concept and our cakes lies a bittersweet challenge: poverty, loneliness, and isolation in old age are growing problems. Every fifth woman over 65 is affected by old-age poverty – and unfortunately, the trend is rising.



According to Statistics Austria, nearly 288,000 men and women over the age of 65 were acutely affected by poverty and social exclusion in 2023.

At Vollpension, seniors can earn a little extra to supplement their often too-small pensions. For many, this is an essential income to make ends meet – or even to get by at all. Beyond the financial aspect, being part of a team, feeling needed, and having a meaningful task is just as important.

Every piece of cake, every breakfast, and every coffee helps secure jobs for our seniors. By visiting us, you are making a valuable contribution. A huge thank you and lots of kisses for that!



At the Heart of Vollpension

Our baking Grandmas and Grandpas and their homemade Cakes

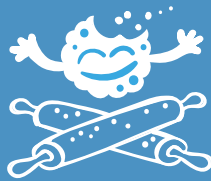
Where can you find the best Cake? Right! At Grandma's. The good news: At our place, there's a whole team of baking grandmas and grandpas who bake the most awesome, fresh cakes and pies daily with great skill.

The baking grandmas on duty decide what gets baked. And they have only one principle: Wherever it says „Vollpension“, only fresh and genuine ingredients are used following tried and true family recipes. And lots and lots of love.

The fastest way to get hold of one of our cakes? Order one from the waiter/waitress, you'll get a Grandma-Coin and then pick up your favorite cake directly from the grandmas and grandpas at the counter.



Our cakes, pastries, and dishes may contain traces of A, B, C, D, E, F, G, H, L, M, N, O, P, R. Detailed information on allergens is available from our team. Unfortunately, we cannot offer gluten-free cakes as we would need a separate production facility for that. However, we frequently have flourless cakes available; please just ask our baking grandmas and grandpas. Our grandmas and grandpas also bake excellent vegan cakes. Our baking team can provide information.



Good Morning, Honeybuns!



Breakfast Time!
Mon - Sun, 8:00 - 16:00

Breakfast

Aunty Paulas Pure Savoury Delight ACG

15,7 €

Ham, spread, Montafon cheese, horseradish, seasonal vegetables, butter, jam, 1 roll, 1 slice of rye bread, 1 brioche

Grandpa Kurti's Good Cheese Wagon ACEFGM

15,7 €

2 spreads, Montafon cheese, mountain cheese, breakfast cheese triangles, seasonal vegetables, butter, jam, 1 roll, 1 slice of rye bread, 1 brioche

Grandma Erika's True Plant-Based Platter AEFM

15,7 €

3 spreads, seasonal vegetables, vegan butter, vegan cheese, jam, 1 roll, 1 slice of rye bread, 1v

Holzmichl's Munich Freedom AEFM

14,6 €

A pair of white sausages, sweet Händlmaier mustard, a pretzel, a very small beer (just right for getting up!)

Grandma Full-Pamper-Package

15,9 €

1 piece of cake, 1 hot drink and 0,5l homemade house lemonade

We also offer gluten-free rolls!

 = vegetarian
 = vegan

Breakfast


Urti Schurlis Ham Delight ACG 9,8 €

Ham sandwich with horseradish and
a soft-boiled organic egg

Mr. Karli's Cheese Masterpieces ACG 9,8 €

Cheese sandwich with Montafon cheese, 
soft -boiled organic egg

Aunt Gaby's Garden Secret AEFM 9,8 €

1 slice of rye bread topped with vegan herbal
spread and radishes, 1 slice of rye bread topped
with chives, 1 small Bircher muesli 

Mrs. Petra's Tomato Dream ACF 7,4 €

Shakshuka with a multigrain roll 



Upgrade

Only in combination with a break-
fast: One piece of grandma's cake
only 4,4 €

Something sweet for breakfast

Grandma's Masterpiece 6,9 €

Homemade cake or tart
Order from the service staff, then pick your
piece directly from the cake display using an
Oma-Coin.

Grandma Monika's Muesli Manifesto AEF 9,9 €

Bircher muesli with apple puree, fresh fruits
and nuts

Grandpa Bertl's Buchtel Indulgence ACG 1 pc 7,6 € 2 pcs 10,9 €

Fluffy Grandma-style Buchteln
(yeast buns) filled with the finest
Powidl (plum jam) and served with
heavenly, warm vanilla sauce

Grandpa Harald's Oatmeal Delight AE 9,9 €

Warm oats with seasonal fruit

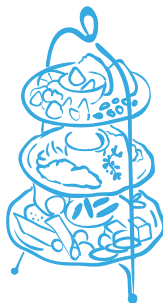
Legacy Hunter Breakfast

for two

Classic ACEFGH

2 glasses of Grandma's bubbly wine and 2 glasses orange juice, bread and pastries, butter, 3 spreads, Montafon cheese, mountain cheese, Brie, Höllerschmid ham with horseradish, jam, 2 mini „Guglhupf“-cake, 2 soft-boiled organic eggs, pickled vegetables, colorful seasonal vegetable mix

47,9 €



Vegan AEFH

2 glasses of Grandma's bubbly wine and 2 glasses orange juice, bread and pastries, vegan butter, 3 spreads, vegan cheese, vegan feta with olive oil, jam, 2 mini „Guglhupf“-cake, 2 small Bircher mueslis, pickled vegetables, colorful seasonal vegetable mix

47,9 €



Breakfast Add-Ons

Small Bircher Muesli^{AE} 2,5 €

Soft-boiled organic egg 2,5 €

Fresh orange juice^{O,125l} 2,5 €

Roll^{AE} 1,0 €

Salted roll^{AE} 1,4 €

Slice of rye bread^{AE} 0,8 €

Pretzel^{AE} 1,8 €

Spread^{ACEH} 1,2 €

Jam 1,2 €

Butter^G 1,0 €

Sip Tip for Breakfast

enjoy a glass of grandma's bubbly wine (0,1l) with every breakfast for only 2€.

Hot Drinks



Coffee

We also have oat milk

Espresso	3,2 €
Double espresso	4,6 €
Espresso with a splash of milk G	4,1 €
Double espresso with a splash of milk G	5,3 €
Americano black	4,3 €
Americano with milk G	4,6 €
Cappuccino / Melange G	5,5 €
Café latte G	5,9 €
Cocoa	5,5 €
Cocoa with whipped cream G	5,9 €
Vegan cocoa	5,5 €
Vegan cocoa with whipped cream	5,9 €



Organic-Tea in a Huge Cup

Black tea 0,5l	4,9 €
Green tea 0,5l	4,9 €
Fruit tea 0,5l	4,9 €
Herbal tea 0,5l	4,9 €
Chamomile tea 0,5l	4,9 €
Peppermint tea 0,5l	4,9 €



Juices and Sodas



Homemade Lemonade

For a big thirst - a half-liter carafe

Homemade iced tea 0,5l 5,9 €

Homemade lemonade 0,5l 5,9 €

Homemade lemon verbena ginger
lemonade 0,5l 5,9 €



Juices and Non-Alcoholic Drinks

Fresh orange juice 0,125l 2,5 €

Orange juice with soda 0,25l/0,5l 3,5/5,9 €

Apple juice 0,25l 3,5 €

Apple juice with soda 0,25l/0,5l 3,5/4,8 €

Apple juice with water 0,25l/0,5l 2,8/3,8 €

Soda 0,25l/0,5l 2,0/3,5 €

Soda with lemon juice 0,25l/0,5l 2,5/3,9 €

Sodas

Tirola Kola 0,33l 3,5 €

Tirola Kola light 0,33l 3,5 €

Frucade 0,33l 3,9 €

Klosterneuburger
Himbeerkracherl 0,33l 3,5 €
raspberry soda

ENZO Alpin organic
lemonade 0,33l 3,5 €
gentian extract



Beer, Wine and Spirits



Our classics

Schladminger Märzen beer 0,33l/0,5 l 3,9/5,3 €

Schladminger with lemonade 0,33l/0,5 l 3,9/5,3 €

White wine 0,125l 3,2 €

Red wine 0,125l 3,2 €

White sprizz 0,25l 3,8 €

Summer spritz 0,5 l 4,4 €
white spritz with extra soda

Kaiser spritz 0,25l 4,8 €
white spritz with elderflower syrup

Aperol spritz 0,2l 5,8 €

Glass of grandma's bubbly wine 0,1l 2,8 €

Limoncello spritz 0,25l 5,8 €



Stomach soothers

Eggnog CG 2cl 2,1 €

Hazelnut schnapps 2cl 2,8 €

Apricot schnapps 2cl 2,8 €



Afternoon Snacks

from 04:00 pm

The Legacy of Toast Tradition

Cheese Toast AG  5,4 €

with mountain cheese
from Vorarlberg

Ham and Cheese Toast AG 5,4 €

with mountain cheese from
Vorarlberg, leg ham from
Höllerschmid butcher

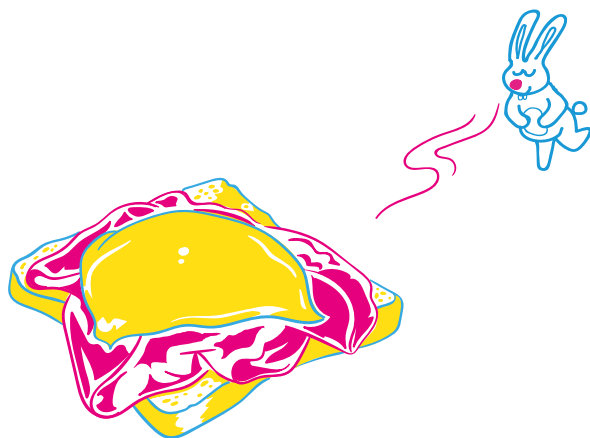
Vegan Toast AFH  5,4 €

The Craving for Sweet Sensations

Cake from Grandma 6,9 €

Grandpa Bertl's 
Buchtel Indulgence ACG 1pc 7,6 €
2 pcs 10,9 €

Fluffy Grandma-style Buch-
teln (yeast buns) filled with the
finest Powidl (plum jam) and
served with heavenly, warm
vanilla sauce



Vollpension Chronicles



Pense forever:

Our first intergenerational café opens at Schleifmühlgasse



Opening of Vollpension Generations Bakery

Vollpension Pop-Up at the jeans factory



Granny goes online

Due to the pandemic, the Vollpension Baking Academy is bringing Grandma's baking knowledge to the internet.



2012

2015

2020

2024

2013

2019

2022

Granny on Tour

With the Pop-Up Across Austria



Opening of the Vollpension baking school



Opening of the Vollpension at the University of Arts



Working After Retirement

We asked our seniors what working at Vollpension means to them.



Ms. Marianne

I have been working at Vollpension for a very long time, I am an „Old-Single“ and I can earn something extra to supplement my pension. Another reason, but for me almost a matter close to my heart, is that I meet guests from all over the world here. Since I was an amateur actress, I have the opportunity here to play a bit of „theater“ and create a pleasant and entertaining atmosphere in this diverse mix of young and old. I myself love this intergenerational coexistence.



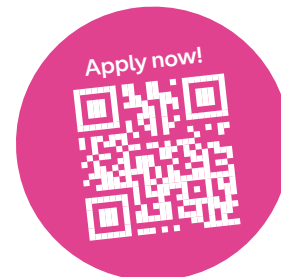
Ms. Zora

Baking in front of guests motivates me to create cakes and pastries. Serving them gives me the chance to chat briefly with the guests, sharing a baking secret or two, or just having a laugh together. Working with younger colleagues enriches my life, reminding me of my own youth. Vollpension also benefits my marriage. My husband still beams after 50 years of marriage every time I come home from a shift.



Ms. Claudia

Working at Vollpension. Should I dare? Can I do it? Am I skilled enough? I've wanted to for a long time. I really want to; it brings me joy. I can contribute, meet new people constantly, bring them joy. I can be myself, gain new experiences, and develop further. It's about collaboration, about all of us, about realizing a vision.



Also available in
our cafés, just ask
our grandmas and
grandpas!



Vollpension at Home

We are delighted with every visit to our world – and are also happy to come to your home. With the best cakes or the gimmicks from our „Turbokitsch“ col-

lection. Both have a reputation for bringing joy to the soul! How often do you look for something very specific and end up choosing something quite arbitrary? A bit of a pity – and that's why we have our online shop. Every Euro of revenue brings more joy and human closeness to the world, thus giving meaning to money.

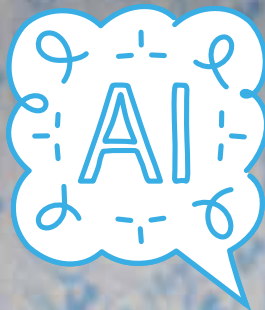
Our online shop:



Galaxy S25 Ultra

x

Vollpension



Test the latest AI
features on your phone
with TryGalaxy!

Scan the QR code
and give it a try!



Learn Marianne's
AI hacks and
sign up for our
intergenerational
"AI & Coffee Chat"
events:
[www.vollpension.
wien/samsung](http://www.vollpension.wien/samsung)

Your Trainers

Nahed Hatahet

Seniad Kasupovic



"Try Galaxy" is available on supported Android OS smartphones with the latest version of Samsung Internet or Chrome browser, as well as on iPhone 8 and newer models with the latest version of Safari or Chrome. "Try Galaxy" is a simulation of Samsung One UI 7 and may be optimized differently depending on device model, settings, screen size, network connection, and other factors. User experience and interface may vary. "Try Galaxy" does not access actual apps, features, or hardware on your device and is only supported in certain regions and languages. iPhone and Safari are trademarks of Apple Inc.





Learn Baking from the Best

Cakes, cookies, and the like taste best when made by Grandma. That's why you can learn directly from the source with us and peek over the shoulders of our baking pros. Under the watchful eyes of our elders, nothing can go wrong, Grandma's honor! In the baking course at our fancy baking studio in Vienna, you'll not only learn the proper preparation but also get to know Grandma and your fellow bakers. Besides all the baking action, there is, of course, time for a treat or two from our oldies, and perhaps even for a shot of eggnog. And you don't have to worry about cleaning up; we'll take care of that for you! You'll take your masterpiece home safely packed in a cake take-away box, and we'll deal with the chaos in the baking studio.



Yeast dough &
Buchteln



Traditional Viennese
apple strudel



Viennese
Cardinal Cuts



Viennese
Sachertorte



Our Impact Partnerships

A heartfelt thank you to our impact partners — not only for supporting our social mission but also for expanding our impact by creating jobs for seniors within their companies.

SPAR



With SPAR, we connect generations through the joy of good food — from our column in SPAR Mahlzeit! to joint video formats and numerous other initiatives. At the same time, as Austria's largest private employer, SPAR sets a strong example by creating jobs for seniors at SPAR.

ANKER

For crispy-fresh bread and pastries in the basket — perfect for any time of day. With grandma's recipe ideas, we rescue leftovers, reduce food waste, and will soon create jobs for seniors directly at ANKER.

ERSTE

Stiftung



A special thank you to the ERSTE Foundation — for the most valuable currency in the world: solidarity. Because our impact matters and deserves to be told with clarity.



Our Product Collaborations

**Thank you to the following partners
for their support:**



for the most tasteful cheese specialties from Vorarlberg's mountain dairies – since the invention of milking.



for the smartest plant-based answer to a timeless question of the good life: If not milk, then what?



as a partner whose heartfelt quality can be described in the simplest words – simply touching... and stirring.



for the smartest connection between young and old – because digital inclusion knows no age, and with a little curiosity, anyone can become a tech pro.



for the most beautiful second life of old furniture – because life is a project, and with heart, mind, and hammer, we restore what has history.



for bridging the digital gap between generations – because our grandmas and grandpas charmingly unravel complex concepts, keeping everyone up to date.



for financial planning with heart and mind – together with ERSTE Bank, we make financial knowledge accessible. Because it's never too early or too late to plan wisely.



2

Vollpension Generationencafé
at Johannesgasse

1

Vollpension Generationencafé
at Schleifmühlgasse

3

Vollpension Baking School
at Mariahilfer Straße